

TAKE RESPONSIBILITY

“Ask a medical professional”
like your pharmacists or
doctor for a prescription
when sick.



**SAY NO TO SELF-
MEDICATING**

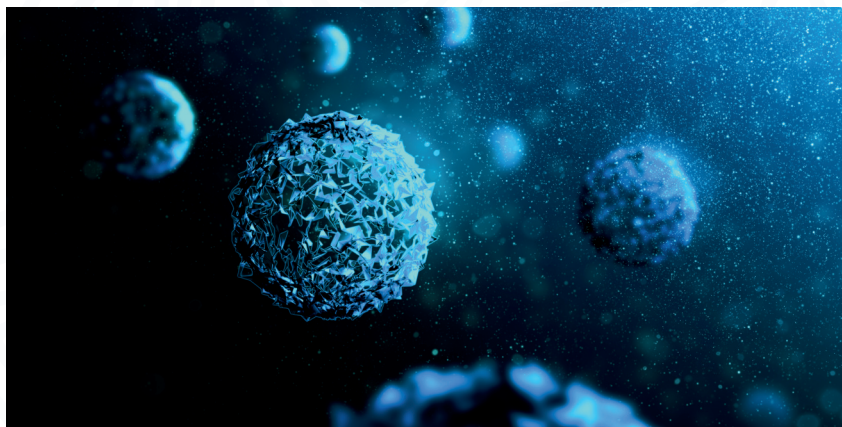
**PROTECT YOURSELF
FROM AMR**



A C T I O N

INTRODUCTION

AMR develops when microbes adapt to antimicrobials, making infections harder to treat. Self-medication increases your risk.

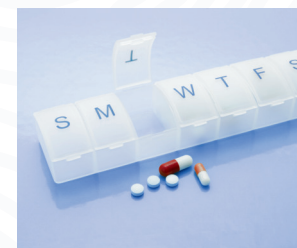


ACTION STEPS

Do not buy antibiotics without a prescription.



Follow the full dose as prescribed – don't stop early.



Do not share or reuse old prescriptions.

